

vegan = (v)dairy free = (DF) aluten free = GF option = (o)

## CAT & COW FAVES

Avo Smash I 16 2 sourdough, avo smashed, lemon & (v)seasonings

AB Oats | 18 seasonal oats, mixed fruit & almond butter (v)

Breakky Roll | 17 milk bun, leaves, Egg, sliced cheese & bacon **OR** halloumi

3. PROTEIN:

Sliced cheese 2

Baked beans 6

1 Egg **5** | 2 Eggs **8** 

Tuna mousse, lemon 7

Bacon 6 | Chorizo 7

Halloumi 6 | Goats cheese 6

Baked Beans I 22.5 1 sourdough, egg baked beans & chorizo **OR** avo (vo)

# **DRINKS**

### COFFEE

BLACK MARKET ROASTERS

Milk Coffee | 4.8 Liberty Blend

Black Coffee | 5.5 Single Origin

**FILTER COFFEE** Batch Brew | 5.3 Iced Filter | 5.8

# SPECIALTY LATTES

Turmeric Latte | 6 Matcha Latte | 7 Hot Chocolate | 5.5 Sticky Prana Chai | 6.5

> +0.5 Oat | Almond | Soy | Extras +0.5 Iced

# TEA

English Breakfast Tea | 5

Peppermint & Wild Mint I 5 australis organic peppermint & australian wild river mint.

Genmaicha | 5 toasted-rice green tea.

Defense I 5

lemongrass, turmeric, rosehip, lemon myrtle, hibiscus, pawpaw leaf, & ginger.

Wild Woman Infusion | 5 nettle, hibiscus, oatstraw, cinnamon, & rose.

# SMOOTHIES

Old School Smoothie | 11

Pick your flavour: Banana | Mango | Berry | OR mixed

Green Smoothie I 12.5

spinach, banana, mango, coconut water.

Cat & Coffee | 12.5

banana, filter coffee, raw cacao, peanut butter, almond milk.

+1 add protein powder

Milkshakes

Chocolate 9 | Vanilla 9 | Coffee 10

#### COLD DRINKS

see fridge for available flavours

Turmeric Boost Shot | 6.5 turmeric, ginger, lemon, carrot & pepper

Simon Says Juice | 10

Taste Drinks Sparkling Juice | 8

Naked Bondi Kombucha | 7.5

(v)

# KIDS DRINKS

Babychino | 2

Kids Hot Chocolate | 4.5

Simon Says Kids Juice | 7.5 see fridge for available flavours

Kids Milkshakes | 8.5 Chocolate 7 | Vanilla 7

**Kids Smoothie** 

Banana | Mango | Berry | OR mixed

# BUILD YOUR OWN BREAKKY

# 1. BASE:

Bread: with butter

1 Sourdough 4.5 | 1 GF 5.5 | Milk Bun 5

2 Sourdough **9** | 2 GF **11** 

Oats: without toppings

Seasonal Oats 10 | Smoothie Bowl 12 | Granola 8

Salad: with cherry tomatoes, pesto & seeds 10

Waffles: without toppings 10

Avo smashed, lemon & seasonings 7

House pickled onions 2 | Dill pickles 1

2. VEG & FRUITS:

Seasonal mixed fruit 5

Roasted root vegetables 6

Cherry tomatoes 5

Mixed leaves 1



# 4. SIDES:

Hummus 5

Jam | Vegemite | Honey | 0.5

Peanut butter 2 | Almond butter 3

Maple syrup 1.5

Greek yoghurt 3 | Coyo 5

House granola 5

Aioli 1

TOASTIES

Nonie's GF Charcoal Bread +2 Cheese & Tomato | 14.5 Ham & Cheese | 14.5

Kids Cheese Toastie | 8

Tuna Melt | 18.5 with aioli, house pickles, cheddar & mixed leaves Vegan Toastie | 18.5 miso egaplant, capsicum, pesto, hummus & leaves +add Halloumi 6

#### PASTRIES please check display case for flavours

Tuga Quiche | 11.5

Banana Bread | 8.5 toasted with butter

Toasted Croissant | 6 plain | butter | jam

Savoury Croissant | 11.5 Ham & Cheese Cheese & Tomato















































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