

# CAT & COW

*please order & pay at the counter*

## KIDS FOOD MENU

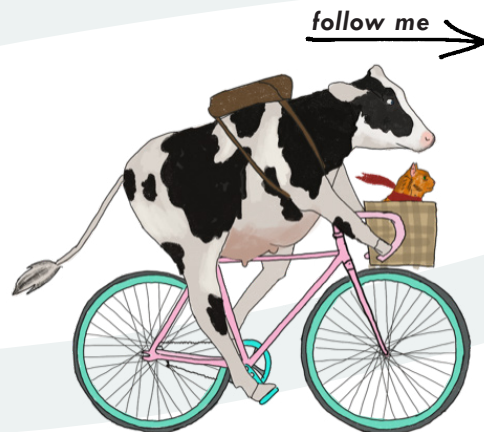
<b>BANANA BREAD</b> toasted with butter & a pinch of salt.	8.5
<b>BREAKFAST OATS CUP</b> see specials board.	V, DF 9.5
<b>GRANOLA CUP</b> with greek yoghurt, fresh fruit & mango coulis. <i>Vo coconut yoghurt +2. add MMMore peanut butter +2</i>	Vo, DFo 9.5
<b>YOGHURT, FRUIT &amp; HONEY</b> seasonal fresh fruit with a choice of: greek <b>OR</b> Vo coconut yoghurt +2. <i>add MMMore peanut butter +2</i>	GF, DFo 8
<b>HUMMUS &amp; VEGGIE STICKS</b> house hummus with fresh vegetable sticks.	V, GF, DF 8.5

*For GF option, ask for Nonie's charcoal & quinoa bread*

<b>TOAST, Sourdough</b> <i>one slice with butter &amp; a choice of: vegemite   jam   MMMore peanut butter.</i>	V, GFo 5
<b>KIDS AVO TOAST</b> one slice with freshly smashed avocado, no seasoning. <i>add goat's cheese. +4   soft-boiled egg. +3</i>	V, GFo 10
<b>EGG on TOAST</b> one soft boiled free-range egg on one pieces of buttered sourdough.	GFo, DFo 8
<b>KIDS TOASTIE</b> sourdough toasted with: cheese <b>7.5</b> cheese & tomato OR cheese & ham <b>9.5</b>	GFo

## KIDS DRINKS MENU

<b>WARM DRINKS</b> babychino. 2   hot choc 5	DFo
<b>ICED DRINKS</b> iced choc 5.5	DFo
<b>MILKSHAKES</b> chocolate. 6   vanilla. 6	DFo
<b>SMOOTHIES</b> banana   mango   berry	8.5
<b>FRESHLY SQUEEZED JUICES</b> kids apple juice. kids orange juice	5.5
<b>FRUIT LEMONADE</b>	5
<b>MY LOCAL KOMBUCHA</b> ask for available flavours.	6



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